



# Raymond Terrace Men's Shed

May 2018

## GYPSY VAN FINALLY LEAVES THE SHED

One of our long term projects the Gypsy van has recently been completed by a couple of our members. They have worked very hard to get this huge project finished and in the process done a very good job and have a very happy customer. A huge thank you goes to Richard Nichols and Alan Omerod for making the frame and then we had Jeff Hudson, John Taylor and Don Laverick for all the work they done to get the Van to the completion stage. Well done Guys



### Inside this issue:

Cooking for 1 Legal Seminar	2
Guitar Lessons Breaking News	3
Items made by a member	4
Herb and Vegie Garden	5
Crossword 1	6
Puzzle Answer	7
Sudoku	
Health Gathering Scam Watch	8 9
Finder Word Lead Lighting Answers	10 11 12

## Recent trip to Redhead and Windale Sheds

On the 27th February shed members went on a bus trip to a couple of sheds around the area. After getting away late we headed straight out to Redhead Men's shed for a look around and a bit of a chat to members. A very nice morning tea was provided by Redhead and we then headed off to Windale men's shed for a meet and greet along with a looking around their shed.  
  
Windale men's shed was in fact the first men's shed to be in operation and until recently was the AMSA head office. .

AMSA head office is now located in Newcastle at 66 king street.  
<https://mensshed.org/>  
  
We then headed off to Valentine Bowling club for a nice lunch and the odd ale or two.  
After we had all filled up our bellies it was time to board the bus to go home for a nanny nap.  
  
A Special thanks to the driver of the Fun bus for another great day out and to the organizers for another fun day

**Upcoming Meetings**

- 25th May
- 22nd June
- 27th July AGM

## DO YOU HAVE A STORY ?

If you have something you think would be worth putting in the next newsletter then contact me

Ian Dorney

### EMAIL

[rtmensshedfacebook@gmail.com](mailto:rtmensshedfacebook@gmail.com)

### PHONE

0402901238

CLICK ON THE LINK BELOW TO GO TO OUR FACEBOOK PAGE

Facebook

[www.facebook.com/raymondterracecommunitymensshed](http://www.facebook.com/raymondterracecommunitymensshed)

## FREE LEGAL SEMINAR

The Hunter Community Legal Centre run a "free" full day workshop at our shed on Wednesday 18<sup>th</sup> April. This was a **FREE** workshop that coincided with "Seniors Festival Month" and was open for all general public persons to attend (not just shed members). Aspects on legal matters such as Enduring Power of Attorney, Enduring Guardianship, Making of Wills, and legal implications and pitfalls involved in the popular accommodation options available such as granny flats and retirement villages etc.

## COOKING FOR ONE

Back again this year was the popular Cooking for one. The program has been put on by the Veteran Affairs Dept and students from the nutrition section of the University of Newcastle. It was a 5 week program teaching those who were not a good cook to make some nice meals for themselves. They even get to eat what they cooked afterwards. We will be trying to get this again next year so think about it and if you want to have a go then let Bob Bull know so you don't miss out.



*Below are a few of the boys that done the class this year*



## GUITAR LESSONS

*John Haddow a member of our shed music group has started up a "beginners learners" session for those members who are interested in learning to play either a guitar or ukulele. John is a qualified and experience musician and will be able to provide some very valuable technical skills at no costs. Those wishing to become involved see John. They will be hour long lessons. This is a great opportunity for anyone who may be wanting to learn guitar but have been unable to afford costly lessons.*



## Fishing Club News

*Nothing much in the way of fishing news. Just the one major thing and that is we would all like to wish Tony Bull all the best for his big move north and although only moving about 50klm up the road to Tea Gardens he will be sadly missed by the whole club in particular in his position as major organiser of the fishing club.*

*Good luck with the fishing up there Tony and if you get onto some good stuff you know how to reach us.*

*We are now looking for someone to take over the running of the fishing club so it can continue the way they have been*

## BREAKING NEWS

*Police have found a large number of crows dead on the Pacific Hwy North of Taree this morning, and there were concerns they may have died from the Avian Flu. A pathologist examined all the crows and to everyone relief Confirmed that it was most likely NOT Avian Flu.*

*The cause of the death appears to be from vehicular impact however during analysis it was found there varying colours of paint on the crows beaks and claws. By analysing the paint residue it was found that 98% of the crows were found to be hit by motor bikes and 2% by cars*

*The investigators then hired a behaviourist to see if there was a logical reason for this. The behaviourist concluded that crows usually eat road kill and when they do they always have a lookout crow to report any danger. They discovered that while all crows could say "Cah" none could say bike*



*Above is the Knights supporters truck made by the shed VP John Young. This was Johns first go at anything like this so well done John.*

## MUSIC GROUPS NEXT GIG

*Our music group has another very important gig coming up on Sat 19th May 2018 at the king street fair. It will be great to see the group out showing there stuff and entertaining everyone. The past King street fair have been hugely popular with the locals and our music group has been a big part of the days proceedings. This year the group will play from approximately 10am through to about 10.30am so come down to King st on the 19th of May and cheer the boys on*

## METALWORK CLASSES

*Richard Nichols has been doing some great work with a few of the guys. He has been running a workshop with a small group of guys that have been learning how to measure up and cut up sheet metal making some handy little items for the home like a dustpan and a small rotisserie. It's always good to see people having a go at things they are not use to doing*

*As usual the metalwork guys continue to do some great work making all the lit-tle and some big bits and pieces required around the shed saving us plenty of money in the process. A big thanks to them*

# HERB AND VEGETABLE GARDEN

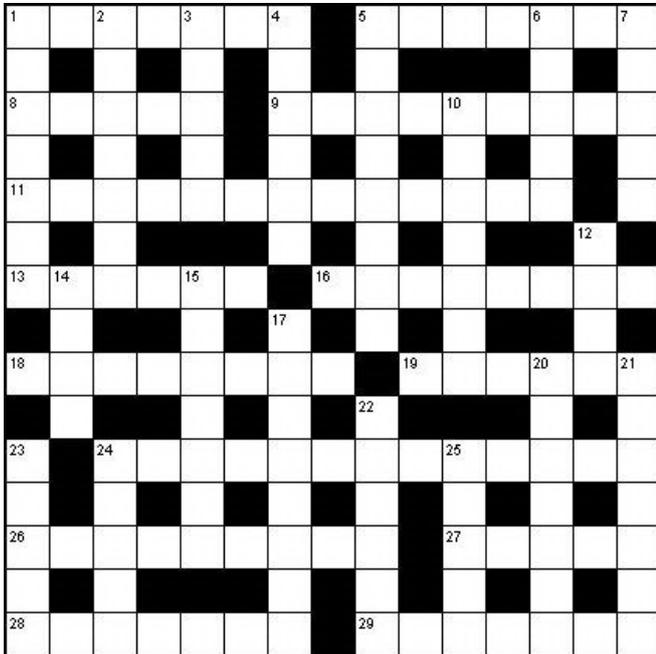


*One of our newest additions to the shed has been the garden beds that have been built along the back of the shed. Great work by those who built the beds you can see them all pictured above. After a lot of hard work and back breaking shoveling the beds were all full of soil and ready to go. They were watered and left to settle for a few days while Chief Gardiner Dennis Moore sorted out then purchased what he wanted to put in it. Signs were made of what's in each garden and everything was planted  
In a few months we hope to have veggies everywhere.*

*If you would like to join the guys in the garden contact Dennis Moore or Dave Davies*

## CROSSWORD CORNER

Crossword 1



### ACROSS

- 1 Performed catches in morning on playing-field (7)
- 5 It's sweet or savoury canapé cooked with a bit of kebab (7)
- 8 Quick-fry sauce with time to replace temperature scale (5)
- 9 Turn right and start going behind roundabout where festival is held (9)
- 11 Did a few household chores in Leap Year? (6-7)
- 13 Infrequent fights with Spain (6)
- 16 Ability to beat Liverpool, perhaps (8)
- 18 Money lake used in clothing production (8)
- 19 Spanish agreed to eat a cut lamb sausage (6)
- 24 Supermodel Kate will not be joining this band (7,6)
- 26 Women should vote by the nineteenth (9)
- 27 Consumed with energy at noon round tea-break (5)
- 28 Continues to meditate back in house (7)
- 29 One's not paid for a friend on rugby tour (7)

### DOWN

- 1 Stops Steps' side-kick releasing EP (7)
- 2 Colour the atmosphere turns where swimmers are housed (7)
- 3 No place for canoe trips (5)
- 4 Saturate a rising overly-studious person with the Church (6)
- 5 First vampire movie Lugosi opens with (8)
- 6 Anger when outsider's promotion is made public (5)
- 7 International caller firstly after the wrong code (7)
- 10 Date in yellow headwear (7)
- 12 Reviewed in some Times article (4)
- 14 Top talk misses the point (4)
- 15 Tested sound device in vehicle for Snow (7)
- 17 Female supporter turns up and tries bothering umpires (8)
- 20 Woman uses Web to trace article on Lawrence (7)
- 21 At Annie's get-together, run for more crackers (7)
- 22 Maybe Christie started getting training help through Amateur Athletic Association (6)
- 23 Live on rail network with student discount (2,3)
- 24 Reported studies of plants growing in marshland (5)
- 25 Letter of thanks since parent far away (5)

Answers on page 7

ANSWERS TO CROSSWORD 1

1	D	I	2	A	M	3	O	N	4	D	5	P	A	N	C	6	A	K	7	E
	E		Q		C		R		R							I			T	
8	S	A	U	T	E		9	E	D	I	10	B	U	R	G	H				
	I		A		A		N		M		A		E							
11	S	P	R	I	N	G	C	L	E	A	N	E	D							
	T		I				H		V		D					12	I			
13	14	P	A	R	S	E		16	C	A	P	A	C	I	T	Y				
		E			A		17	A		L		N				E				
18	C	A	S	H	M	E	R	E		19	S	A	L	20	A	M	21			
		K			P		B		22	A					N					
23	O		24	R	O	L	L	I	N	G	S	25	T	O	N	E	S			
	N		E		E		T		A		H		E							
26	A	M	E	N	D	M	E	N	T		27	E	A	T	E	N				
	I		D				R		H		T		T							
28	R	E	S	U	M	E	S		29	A	M	A	T	E	U	R				

SUDOKU PUZZLE

				9					
	3	6	2						
	7				4	9			
				3	9	2			
7		1							6
	8								
8					1	5			
				8					
		5		6		3	4		

Answers to Sudoku page 10

**ARMED SERVICES OVERCROWDING**

The Navy found they had too many officers and decided to offer an early retirement bonus. They promised any officer who volunteered for Retirement a bonus of \$1,000 for every inch measured in a straight line between any Two points in his body.. The officer got to choose what those two points would be.

The first officer who accepted asked that he be measured from the top of his head to the tip of his toes. He was measured at six feet and walked out with a bonus of \$72,000.

The second officer who accepted was a little smarter and asked to be measured from the tip of his outstretched hands to his toes. He walked Out with \$96,000.

The third one was a non-commissioned officer, a grizzly old Chief who, when asked where he would like to be measured replied,

'From the tip of my weenie to my testicles.'

It was suggested by the pension man that he might want to reconsider, explaining about the nice big checks the previous two Officers had received.

But the old Chief insisted and they decided to go along with him providing the measurement was taken by a Medical Officer.

The Medical Officer arrived and instructed the Chief to 'drop 'em,' which he did. The medical officer placed the tape measure on the tip of the Chief's weenie and began to work back. "Dear Lord!", he suddenly exclaimed,

"Where are your testicles?"

The old Chief calmly replied, "Vietnam"

# LOWER HUNTER MEN'S SHED MEN'S HEALTH GATHERING

Don't forget this great day that has been put together by our shed and the Waratah Mayfield Men's Shed. There will be plenty to see and do during this great day so support our shed by going along and joining in. Bring your partner along if you want too and even a couple of family members BUT please remember this function is not open to the general public



**SPANNER IN THE WORKS?  
GET YOUR  
GEARS  
CHECKED**

You're invited to the  
**Lower Hunter Men's Sheds  
Men's Health Gathering**

**Saturday 16 June 2018**  
10.00am - 3.00pm  
*Registration & refreshments from 9.30am*

**Waratah Mayfield Men's Shed**  
*2A Platt Street Waratah*

**RSVP closes Friday 1 June**  
*Attendees receive a gift bag, morning tea & lunch  
Contact Bob Bull 0407 953 305 or rtmensshed@gmail.com*

PRESENTED BY




**SPANNER IN THE WORKS?  
GET YOUR  
GEARS  
CHECKED**

**Lower Hunter Men's Sheds  
Men's Health Gathering  
Program**

9.30am	Registration & refreshments
10.00am	Welcome
10.30am	Men's Health Seminar Dementia Australia <i>Stuart Torrance</i>
11.30am	Lunch   Exhibition   Health Checks
1.30pm	Men's Health Seminar Men's Health Services <i>Greg Milan</i>
2.30pm	Close

**EXHIBITION INCLUDES**  
HEALTH PROFESSIONALS | COMMUNITY & GOVERNMENT AGENCIES | SHED DISPLAYS  
INFORMATION STANDS | FREE RESOURCES | ENTERTAINMENT




**PHARMACY MEDICINE**  
KEEP OUT OF REACH OF CHILDREN

**HESASOOK<sup>®</sup> FML**  
Contains New & Improved Stuff

**new**

**man flu relief**

**12 years - Adult** (do they ever REALLY grow up?)

May provide temporary relief (if your lucky) from:

- whinging and whining
- the I'm going to Die symptom
- nobodycaresitis
- and possible (although unlikely) fever, headache & aches

Each tablet contains  
50% Placebo  
50% Hard the f\*\*%k up

48 tablets

I worked out how lions get their members

## LIONS SEX

Two old men are drinking in a bar. One says, "Did you know that Lions have sex 10 to 15 times a day?"

"Aww, darn!" says his friend, "and I just joined Rotary!"

# Scam Watch

**Recently a Men's shed in Australia was the target of an email scam, with an email purporting to be from the Shed President requesting a transfer of funds from the Secretary.**

Fortunately the vigilance of the Secretary meant that the shed did not fall victim, however it is easy to be misguided by some scams.

## **Safeguard yourself against fraudulent emails**

### **Check the 'from' address**

A scam email usually has a fairly bizarre or unknown email address behind what looks like a genuine sender name. You can find out the email address by using your mouse to hover the cursor over or right-click on the sender name.

### **Is the greeting impersonal or incorrect?**

Scammers are getting better at sending emails which include a name in the first line of the message, however not all of them do or they may use it incorrectly.

### **Does the email ask for your personal or banking details?**

If an email is asking you to update or re-enter your personal or bank details out of the blue, it's likely going to be a scam. Most companies will never ask for personal information to be supplied via email.

### **Poor spelling, grammar and presentation?**

Scammers are getting better at presenting emails but you should still watch out for these tell-tale signs.

### **Trying to rush you?**

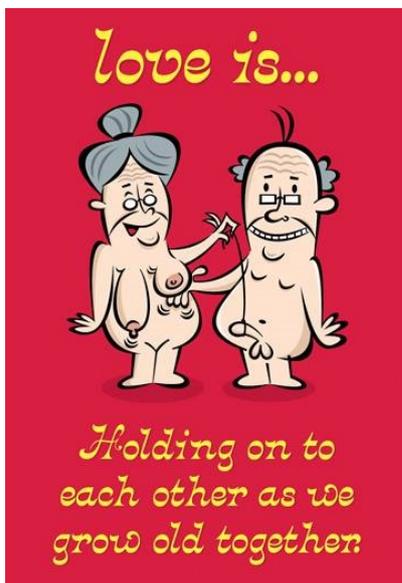
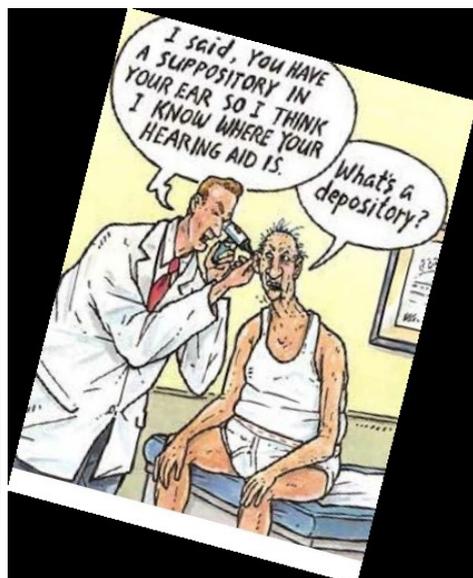
Scammers may try to rush you with time sensitive offers. Take your time to make all the checks you need.

### **Something just doesn't look right?**

If something looks off, there's probably a good reason why. If you receive an email that seems suspicious, it's usually in your best interest to avoid acting on the message.

### **Still unsure?**

It's best to contact the sender to check whether the email is valid. Do not reply to the email, you can send a new email or phone the sender to confirm the origin of the email.



**WHEN A WOMAN SAYS "WHAT?" IT'S NOT BECAUSE SHE DIDN'T HEAR YOU, IT'S BECAUSE SHE'S GIVING YOU A CHANCE TO CHANGE WHAT YOU'VE SAID**

## HOW GOOD ARE YOU AT FINDER WORD?

Hopefully solving this word search won't make you too frustrated I promise this will NOT be EASY

There are 70 five-letter words hidden (in any direction) in this word search. Each word starts with one of the last five letters of the alphabet: V, W, X, Y, or Z. But we don't supply the word list.

Start searching. Write down the words that you find in the blanks on the bottom of the page.

*You will need to do this on a separate piece of paper*

J	S	W	A	L	L	I	V	A	V	D	Y	H	P	E	U	N	E	V	O	M
D	L	H	A	W	E	R	O	G	I	V	O	W	P	B	Y	W	K	C	R	E
Y	J	C	G	V	W	T	P	E	O	I	K	U	A	E	A	O	A	E	Q	L
I	G	L	X	L	E	O	S	T	L	T	E	N	A	X	U	R	U	L	K	Y
E	E	I	H	E	A	R	R	A	A	A	L	R	Z	Y	E	D	B	N	T	X
L	G	Z	S	C	O	C	S	T	W	L	N	I	U	R	L	N	D	E	G	Z
D	D	R	V	W	T	K	O	M	H	A	P	C	V	R	X	Q	V	N	Z	S
N	E	K	A	W	L	A	F	V	R	P	C	Z	O	E	T	E	U	J	A	V
V	W	P	U	X	W	E	W	L	Y	A	O	W	P	T	N	R	N	Z	Q	C
Y	A	I	L	A	W	L	D	U	B	N	W	A	J	S	W	O	G	O	V	G
K	D	P	T	R	D	Z	M	O	E	L	I	H	W	I	U	Y	M	A	N	N
C	E	E	O	T	A	M	E	D	Y	E	Q	V	A	R	U	O	L	W	V	I
U	R	N	A	R	Y	L	V	K	S	I	H	W	Y	W	Z	U	O	E	O	R
Y	G	T	Y	R	Y	E	I	M	B	M	E	K	G	E	E	R	K	A	F	W
P	D	I	N	N	T	Z	A	Y	P	T	C	X	Q	H	R	S	U	R	I	V
Y	R	H	I	I	P	C	W	H	S	A	S	R	T	Y	H	W	Q	Y	T	M
E	A	V	H	W	Y	D	N	I	W	E	O	U	W	C	K	L	H	H	T	N
A	C	W	C	I	E	X	A	T	G	E	O	A	I	H	E	C	C	A	A	V
S	I	J	S	D	M	W	A	R	D	Y	G	H	S	W	I	A	E	M	L	F
T	V	G	T	O	S	L	E	I	O	O	W	A	O	J	Y	R	O	R	Y	E
R	E	F	A	W	T	V	V	D	N	N	Q	V	A	J	I	W	L	X	W	Q

## HOW ABOUT A GAME OF CARDS

For all you guys out there who feel that woodworking or metalworking is not your thing then how about a game of cards? A small but dedicated group of guys meet of a Wednesday morning and play games like Euchre & 500 so if you want to get into the group then why don't you come down on Wednesday and have a game

On the right are some of the dedicated group who like to play



## LEAD LIGHTING

About a half a dozen guys recently done and completed a introduction /beginners course in lead lighting and going by the work they done it was a great success. It just goes to show the great quality work the boys can do when they want too. Here are some of the things made by the guys.



Sudoku Answers from Page7

4	1	2	7	9	3	8	6	5
9	3	6	2	5	8	1	7	4
5	7	8	6	1	4	9	2	3
6	5	4	3	7	9	2	8	1
7	9	1	8	2	5	4	3	6
2	8	3	1	4	6	7	5	9
8	6	7	4	3	1	5	9	2
3	4	9	5	8	2	6	1	7
1	2	5	9	6	7	3	4	8

VIEW FROM ABOVE

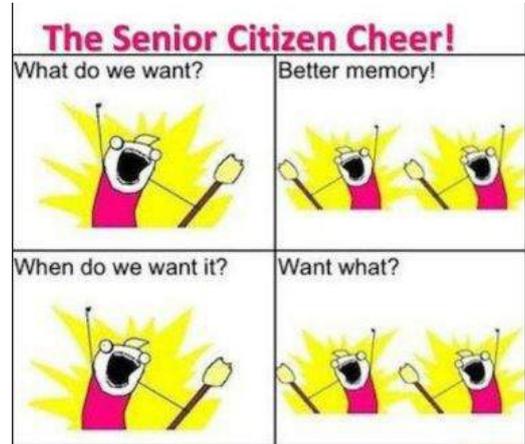
RABBIT HUTCH



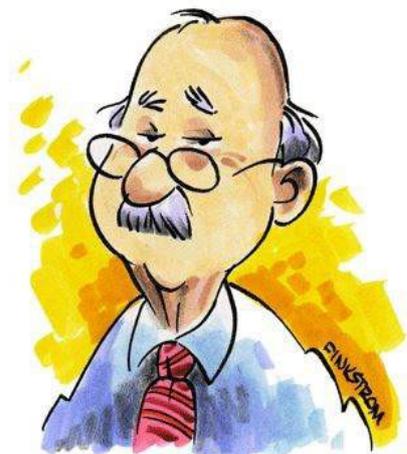
THE FRONT DROPS DOWN FOR EASY ACCESS



The above hutch was made by Jim Cordiner from our shed and what an excellent job he has done. All the work that has gone into this make it something that the school it's going to should be thrilled with. The guys in our woodworking group have been turning out a lot of great items for the shed. Well done to you all.



I DON'T DO DRUGS...



I GET THE SAME EFFECT BY STANDING UP FAST!